

## Sudan High School Lunch Menu

Fruit and vegetables offered daily.



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1	2	3	4	5
Hot Italian Sub Chicken Bacon Ranch Melt French Fries Baby Carrots Peach Cup Fresh Apple Choice of Milk	Chicken Fajita Quesadilla Beef Tacos Refried Beans Cucumber Slices Mixed Fruit Fresh Grapes Choice of Milk	Orange Chicken Brown Rice Pulled Pork Sandwich Steamed Broccoli Baby Carrots Pineapple Tidbits Fresh Orange Choice of Milk	Spaghetti w/ Meat Sauce Garlic Breadstick Cheese Bosco Sticks Marinara Sauce Steamed Green Beans Side Salad Applesauce Fresh Pear Choice of Milk	Toasted Cheese Sandwich Tomato Soup Homemade Pepperoni Pizza California Blend Vegetable Red Pepper Strips Diced Pears Fresh Apple Choice of Milk
8	9 NEW LTO RECIPE	10	11	12 HOM: Clove
Corn Dog Crispy Chicken Nuggets Dinner Roll Potato Wedges Celery Sticks Diced Peaches Fresh Apple Choice of Milk	Spicy Bodgea Ground Beef Tots Beef Nachos Refried Beans Cucumber Slices Mixed Fruit Fresh Grapes Choice of Milk	Grilled Ham & Cheese Sandwich Crispy Chicken Sandwich Sweet Potato Tots Celery Sticks Pineapple Tidbits Fresh Orange Choice of Milk	Creamy Macaroni & Cheese Classic Cheeseburger Roasted Carrots Cucumber Slices Applesauce Fresh Pear Choice of Milk	Swavory - Orange Maple and Clove Glazed Chicken Leg Brown Rice, WG Homemade Sausage Pizza Baked Beans, Vegetarian Celery Sticks Diced Pears Fresh Apple Choice of Milk
15	16	17	18 No School	19 No School
Chicken Alfredo w/Pasta Garlic Breadstick Classic Cheeseburger Steamed Green Beans Baby Carrots Diced Peaches Fresh Apple Choice of Milk	Chicken & Cheese Quesadilla Beef Tacos Roasted Corn Red Pepper Strips Mixed Fruit Fresh Grapes Choice of Milk	Chili Dog Homemade Pepperoni Pizza Baked Beans, Vegetarian Baby Carrots Pineapple Tidbits Fresh Orange Choice of Milk		
22 No School	23 No School	24 No School	25 Merry Christmas!	26 No School
29 No School	30 No School	31 No School	1	
				Menus and putrition

PRICES

Student

Adult \$4.50
Extra Milk \$.75

Choice of Milk: 1% White or FF Chocolate
For questions please contact Tonya DraperFood Service Director
tonyadraper@sudanisd.net

HARVEST OF



Menus and nutrition our app Taher Food4Life®



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